

FALL PLANTING GUIDE TRANSPLANTS



Head Broccoli

Planting Date: Mid-August
Spacing: 12-15" apart
Harvest: After 12 weeks
Tips: Harvest while the head is still compact, firm, and dark green. If the head yellows or flowers, harvest immediately.



Cauliflower

Planting Date: Mid-August
Spacing: 12-15" apart
Harvest: After 11 weeks
Tips: Harvest while the head is still compact and firm. If the head yellows or flowers, harvest immediately.



Cabbage

Planting Date: Mid-August
Spacing: 15-18" apart
Harvest: After 10 weeks
Tips: Harvest when heads are large and firm. Cut the head off at the stem.



Bunching Broccoli

Planting Date: Mid-August
Spacing: 12-15" apart
Harvest: After 7-12 weeks
Tips: Continuously harvest side shoots as they appear, including 5-8" of the stem on each side shoot.



Head Lettuce

Planting Date: September
Spacing: 10-12" apart
Harvest: After 6-12 weeks
Tips: Warm weather causes the plant to bolt and creates bitter leaves- don't plant it too early!



Kale

Planting Date: Aug/Sept
Spacing: 6-12" apart
Harvest: After 10 weeks
Tips: Snap large leaves off at the stalk. Always leave at least 4 leaves on each plant for continuous harvest.



Chard

Planting Date: Aug/Sept
Spacing: 6-9" apart
Harvest: After 9 weeks
Tips: Cut large leaves close to the base of the plant. Always leave at least 4 leaves on each plant for continuous harvest.



Bok Choy & Tatsoi

Planting Date: Aug/Sept
Spacing: 6-9" apart
Harvest: After 6-7 weeks
Tips: Harvest at any size. Most varieties can get as tall as 1-2 feet. Cut the stem at the base.



Mustard

Planting Date: Aug/Sept
Spacing: 6-12" apart
Harvest: After 6-7 weeks
Tips: Snap large leaves off at the stalk. Always leave at least 4 leaves on each plant for continuous harvest.



Radicchio

Planting Date: September
Spacing: 12-18" apart
Harvest: After 8-9 weeks
Tips: Harvest the heads when they are firm to the touch, or after the first frost.

ROW COVERS!

Row covers are lengths of synthetic fabric used to cover and protect plants. They are porous enough to let sunlight and water through, but tough enough to keep insects out. Lightweight covers, like **insect netting**, do just that! But heavyweight row covers, such as **Reemay**, additionally retain heat and protect plants from frost to extend the growing season.



FALL PLANTING GUIDE DIRECT SEEDING



Beets

Planting Date: Aug/Sept
Spacing: 2-3" apart
Harvest: After 9-10 weeks
Tips: Ready to harvest when the beet is golf-ball size or larger.



Radish

Planting Date: Sept/Oct
Spacing: 2-3" apart
Harvest: After 4-6 weeks
Tips: Pull radishes as soon as they reach an edible size- they get fibrous if left too long.



Arugula

Planting Date: Sept/Oct
Spacing: 3" or densely seeded
Harvest: After 4 weeks
Tips: Continuously trim young leaves every 1-2 weeks or as soon as they grow 3" tall.



Baby Greens

Types: Lettuce, Kale, Chard
Planting Date: September
Spacing: Seed densely
Harvest: After 5-6 weeks
Tips: Continuously trim young leaves every 1-2 weeks or as soon as they grow 3" tall.



Carrot

Planting Date: August
Spacing: 2" apart
Harvest: After 8-12 weeks
Tips: Harvest when the soil is wet. Loosen the soil before pulling out the plant.



Baby Bok Choy

Planting Date: Aug/Sept
Spacing: 6-9" apart
Harvest: After 6-7 weeks
Tips: For baby size, harvest when plants reach 4-6" tall. Cut the stem at the base.



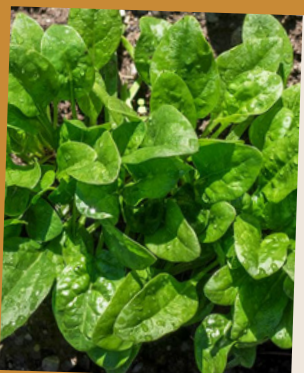
Chives * Can also be transplanted

Planting Date: Aug/Sept
Spacing: Plant 15-20 seeds in clumps 12" apart.
Harvest: After 8-9 weeks
Tips: Continuously harvest 6 inch tall chives by snipping leaves from the base.



Scallions * Can also be transplanted

Planting Date: Aug/Sept
Spacing: Plant 10 seeds in clumps 6" apart.
Harvest: After 9-11 weeks
Tips: Pull the entire clump of scallions when ready to harvest.



Spinach * Can also be transplanted

Planting Date: Sept/Oct
Spacing: 2-4" apart
Harvest: After 6-7 weeks
Tips: Continuously trim young leaves at the base every 1-2 weeks. Extend harvest into December using row covers.



Cilantro * Can also be transplanted

Planting Date: September
Spacing: 6" apart
Harvest: After 6-7 weeks
Tips: Cut stems at the base of the plant when they are 6" tall. Pinch off flowers to promote leaf growth.

Thinning



When seeding, it's good to be generous with how much you plant! It's like an insurance policy in case not all of your seeds sprout. Once you've got small but well-established plants, it is important to **thin them out** to give each plant the **space** it needs to grow properly. This is especially important for **root vegetables** such as radishes, beets, and carrots, which will not produce sizable roots if too **crowded**. As a rule of thumb, return to anything planted from seed 2 weeks later and pull up any excess sprouts so that the remaining plants have 2-3" of space between them.