Making a Tree Ring Timeline



Just like us, a Tree has memorable moments throughout its life.

In this activity you will create a timeline of important moments in your life, as if you grew like a tree!

Starting from the center and growing outwards your rings should tell a story. Did you learn how to ride a bike at age 5? Then the ring that year might be wide. Did you sprain your arm at age 7? The ring that year might be wavy with a mark.

What you'll need: Paper plate, pencil, colored pencil or marker.



Step 1: On the back of your plate write out how many years old you are and put a star next to any big moments for that year.

This is going to be your outline for your tree rings.



Step 2

Step 2: On the front of your plate make a circle in the middle. Label it year 1. This is the first year you were born.





Step 3: Counting the circle in the middle as year one, start drawing your rings. Remember trees grow from the middle outwards. The rings don't have to be perfectly round: tree rings are a little wiggly and imperfect! *Remember to look at your original timeline, if something important happened at age 5, make ring #5 different!





Step 4: Label your rings. After you have created your rings go back and make a label for any year that something important happened.

You can see here: Year 5 and 7 have a different shape than the other rings.





Step 5: Your Tree Ring Timeline is complete! Make it stand out by coloring and shading with colored pencils.

Share with family or friends!

